

Prices

Adult	Adult Discount Scheme	Child	Child Discount Scheme
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Swimming

Pay as you go	£5.00	£3.50	£3.50	£2.50
Family swim 1 adult 1 child	£6.80	£4.75		
Family swim add adult	£3.20	£2.25		
Family swim add child			£2.30	£1.70
Aqua Fit	£5.10			
Women Only Swim Lesson	£8.00			
Parent and Toddler	£8.00			
Children's swimming lessons	£32.00 for a block of 4 lessons			
1 to 1 swimming lessons	£23.00 for 1 lesson £78 block of 4 lessons			
2 to 1 swimming lessons	£28.00 for 1 lesson £100 block of 4 lessons			

Gym

Pay as you go	£6.00	£4.60	£3.50	£2.50
Gym and Swim	£7.70	£5.60	£6.50	£5.00
Joining fee and inductions Free				

Membership

Value Monthly - Direct Debit Gym and Pool 12 months	£21.00	VALUE MONTHLY: 12 month contract offering unlimited access to the gym and unlimited access to the pool during all non-instructed sessions.
Flexible Monthly - Direct Debit Gym and Pool	£25.00	
Value Monthly - Direct Debit Gym only 12 months	£16.00	FLEXIBLE MONTHLY: Rolling monthly contract, no tie in. Access to both the gym and pool during all public sessions during our usual opening times.
Flexible Monthly - Direct Debit Gym only	£21.00	
Value Monthly - Direct Debit Pool only 12 months	£16.00	
Flexible Monthly - Direct Debit Pool only	£21.00	

Pay upfront*

Monthly gym OR pool	£25.00	3-Month gym OR pool	£70.00
Monthly gym and pool	£30.00	3-Month gym and pool	£85.00
Annual gym OR pool	£180.00	6-Month gym OR pool	£130.00
Annual gym and pool	£240.00	6-Month gym and pool	£150.00
		9-Month gym OR pool	£150.00
		9-Month gym and pool	£200.00

* We also offer 3, 6 and 9 month pay upfront memberships. All memberships exclude teacher-led classes. 10% off for NHS and all emergency services.